### How to Live on Twenty-Four Hours a Day

How to Live



ARNOLD BENNETT



# How to Live on Twenty-Four Hours a Day: How to Live (Paperback)

By Arnold Bennett

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. How to Live on Twenty-Four Hours a Day by Arnold Bennett - How to Live on 24 Hours a Day (1910), written by Arnold Bennett, is part of a larger work entitled How to Live. In this volume, he offers practical advice on how one might live (as opposed to just existing) within the confines of 24 hours a day. In the book, Bennett addressed the large and growing number of whitecollar workers that had accumulated since the advent of the Industrial Revolution. In his view, these workers put in eight hours a day, 40 hours a week, at jobs they did not enjoy, and at worst hated. They worked to make a living, but their daily existence consisted of waking up, getting ready for work, working as little as possible during the work day, going home, unwinding, going to sleep, and repeating the process the next day. In short, he didn t believe they were really living. Bennett addressed this problem by urging these salarymen to seize their extra time, and make the most...



#### Reviews

This is an amazing book that I actually have actually read through. I am quite late in start reading this one, but better then never. You will not truly feel monotony at anytime of the time (that's what catalogs are for concerning should you ask me).

#### -- Scottie Schroeder DDS

This pdf is definitely not easy to get started on studying but quite entertaining to read through. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Ms. Fatima Erdman

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