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Whole Larder Love: Grow Gather Hunt Cook

By Rohan Anderson

powerHouse Books. Hardcover. Book Condition: New. Hardcover. 240 pages. Dimensions: 9.6in. x 7.3in. x 1.0in. For anyone interested in local, sustainable, fresh, organic, humane, or slow food, comes Whole Larder Love, showing you how to hunt, fish, forage, and grow your own food and how to prepare it. Going beyond farm-to-table to encompass garden, forest, field, stream, and storeroom-to-table, author Rohan Anderson vividly illustrates the benefits of a lifestyle geared towards providing for yourself from the natural world. Whole Larder Love author and ultimate DIY-er Rohan Anderson is a family man and a modern-day hunter-gatherer living just outside the historical town of Ballarat, an 1800s gold rush town in Australia. Within this rural landscape Anderson has capitalized on the opportunities for many a culinary adventure. Primarily concerned with how to live off of the land and provide himself and his family with fresh, local food, Anderson has become a passionate hunter, fisher, forager, gardener, pickler, and sometimes barterer. Anderson now wants to share his secrets and experiences in order to help move people away from unhealthy eating habits and people away from unhealthy eating habits and towards a more environmentally sustainable food industry. Food is an integral part of our lives. And...



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