



## The AB Club

By Michelle Whitaker Winfrey

Hobby House Publishing Group. Paperback. Book Condition: New. Paperback. 290 pages. Dimensions: 8.9in. x 5.9in. x 0.2in. Being an ambitious woman sometimes gets confused with being something else. . . It used to bother me, when I was younger, but now I simply embrace the compliment and change that other word to Ambitious. Throughout my life, I have paid attention to the ambitious woman around me. My mother, my aunts, my sister-in-law, my pastor, my teachers, professors and my friends. The person I am today, has taken lessons learned from each of them. I think this is why I started mentoring. Lessons learned should be shared. And so, I am now sharing with you in The AB Club. I have three ambitious, beautiful and talented girlfriends who are all different from each other, yet so much the same. We eat, play and pray together. We gain and lose weight together. My friends will tell you that I live by three core values, which I have developed into many of the AB Survival Skills in this book. Core Values Believe in yourself. Have a purpose or intent in life - beyond your job. Be secure in your religious beliefs. As you read...



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